Promoting stoma self-care and independence seven days a week

Anna Moseley
Stoma Care Nurse
SecuriCare (Medical) Ltd.
info@securicaremedical.co.uk
Project overview

• Idea
• Problem
• Solution
• Background
“If the patients ask for help”

“Depending on staff availability”

“If the patient has a new stoma”

“Pouches can leak at the weekends and we wouldn’t leave a patient in a mess till Monday!”

“It is down to all nursing members of staff”

“It is important to provide stoma care and psychological support at all times”

“There is no back up of a stoma nurse with complicated stomas”

“It is part of holistic nursing needs”

“Depending on staff availability”

“It can be more difficult at weekends”

“It is important to provide stoma care and psychological support at all times”
WHY

Hmmmm........
Have **YOU** supported a Stoma Patient Today?

It is important to continue teaching and supporting stoma patients 7 days a week, including WEEKENDS. This ensures continuity and helps with discharge.

Supporting stoma patients through to discharge

- Helps reduce hospital stay
- Helps to reduce hospital readmission
- Improves confidence and self care
- Improves patient experience

SecuriCare® By assisting your patients with Stoma Care over the WEEKEND you could be saving the NHS up to £2 MILLION a year, based on a £275 Day Cost...

Benefits of poster

- Reminder to nursing staff of the importance of stoma care (including weekends)
- To empower nursing staff and inform them of the importance of the role they play in a stoma care patient’s recovery
- Minimise hospital stay of patients with a newly formed stoma
- Act as the patient’s advocate
Where is the one place a nurse can have a little privacy?

Staff toilet door..........
Feedback following poster

“It was hung in a good location”

“Shocked by the cost!”

“I found it a gentle reminder of my stoma patients”

“When time allows there is a definite positive improvement with patient stoma confidence”

“It is always good to be reminded of the importance of stoma care”

“It could help remind agency and bank staff at weekends”

“The poster was a good advocate for stoma patients”

“I feel confident in stoma care due to ongoing stoma education”
The future

- Share poster with other hospitals in the Trust
- Continue to support and educate nursing staff
- Review stoma care at weekends 6 months after poster introduction
prioritise people
practise effectively
preserve safety
promote professionalism and trust
Have **YOU** supported a Stoma Patient Today?

It is important to continue teaching and supporting stoma patients 7 days a week, including WEEKENDS. This ensures continuity and helps with discharge.

Supporting stoma patients through to discharge

- Helps reduce hospital stay
- Helps to reduce hospital readmission
- Improves confidence and self care
- Improves patient experience

SecuriCare® By assisting your patients with Stoma Care over the WEEKEND you could be saving the NHS up to £5 MILLION a year, based on a £275 Day Cost...

References


