Overcoming Overseas Obstacles

Caring for a patient returning home abroad.

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Aims of Case Study

- Discuss the challenges we faced
- Explore accessibility and choice of products
- Examine collaborative working
- Address the importance of back to basics
- Highlight how fortunate we are
Meet the patient

• 73 year old male with accompanying wife, both retired GP’s from Malaysia.

• Paying privately for radical robotic cysto-prostatectomy undertaken in NHS hospital, staying with relatives pre and post operatively.

• No understanding of stoma products in Malaysia by nurse or patient
Pre-Op Support

• Home visits for counselling, siting and teaching.

• Discussed stoma products and explored availability in Malaysia

• Importance of cultural and lifestyle issues

• Global networking

• Begin the discharge planning
And so it begins.....

WCET TO THE RESCUE!
Post – Op and beyond...

• Protracted post-op recovery and convalescence

• Multiple re-admissions

• Difficulty choosing products

• Unresolved concerns/Confusion
Options/Choice

• Samples from hospital and companies – 1 and 2 piece

• Trial and error, eliminate confusion

• Info from Malaysia – 1 pouch costs RM 20-30/£3-£5

• Discharge with a difference!
Back to basics

• Refreshing to keep things simple

• Important to ensure patient understood principles of stoma care

• Too much choice??
Count our Blessings

Be thankful for the choices we have
Be grateful for our extended network of colleagues
Be mindful of how things could be
Be glad for the support, knowledge and care that we can give
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