MAKING INDEPENDENT NON-MEDICAL PRESCRIBING THE NORM IN STOMA CARE NURSING

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WHO ARE NMP’s?

Non-Medical Prescribers are Healthcare Professionals who are not doctors or dentists, who have completed an advanced qualification and can legally provide a patient with a prescription.

BENEFITS TO PATIENTS:

✓ quicker access to medicines
✓ improve access to services
✓ better use of Health Professionals skills (DOH 2011)
HOW NURSE PRESCRIBING HAS EVOLVED?

• 1994
  DN/Health Visitors prescribed from a formulary

• 2003
  Extended to Supplementary prescribing

• 2006
  Nurse independent prescribing
COMPONENTS OF NMP TRAINING

• Numeracy Test – 100% to pass
• Pharmacology written test – 80% to pass
• Objective Structured Clinical Examination (OSCE) – pass
• 84 Hours practice experience
• Submission of portfolio of Prescribing evidence
A single competency framework for all prescribers

This single prescribing competency framework replaces all previous profession specific competency frameworks published by the National Prescribing Centre.
GOOD PRESCRIBING

1. Knowledge
2. Options
3. Shared decision making
4. Safe
5. Professional
6. Always improving
7. The Healthcare system
8. Information
9. Self and others

The consultation

Prescribing in context
Prescribing effectively
A Competency Framework for all Prescribers

Publication date: July 2016
Review date: July 2020
Competencies:
1. Assess the patient
2. Consider the options
3. Reach a shared decision
4. Prescribe
5. Provide information
6. Monitor and review

Competencies:
7. Prescribe safely
8. Prescribe professionally
9. Improve prescribing practice
10. Prescribe as part of a team
HOW MANY?

- Registered nurses and midwives – 53,572
- Pharmacist – 3845
- Allied Health Care Professionals – 689

(i5 Health, 2015)
WHY BE A NURSE PRESCRIBER?

- **NMP** is **safe** and clinically appropriate.
- NMP has been found to deliver similar level of care as provided by GPs and generate a **higher satisfaction** rating from patients.
- Patient **acceptability** of NMP is high.
- NMP is viewed **positively** by other health care professionals.
- NMP is becoming a **well-integrated** and established means of managing conditions and providing access to medicines

(i5 Health, 2015)
TOP TIPS WHEN PRESCRIBING

1. Be familiar with your area of prescribing
2. Do not ‘Prescribe on Demand’
3. Follow the clinical evidence base
4. Know what product is being used
5. Involve the patient in decisions
6. Keep treatment/products as simple as possible
7. Consider individual patient factors
8. Review and Monitor

(Petty, 2016)
PROFESSIONAL DEVELOPMENT

You must be able to:

• Demonstrate how you audit your practice

• Keep up-to-date with current practice and guidelines

• Demonstrate how you safeguard patients in your care
FUTURE GOALS

• **Increase** the number of NMP within the Stoma Care Team

• **Adapt** to future expansion of nurse prescribers providing them with the art of prescribing stoma care products

• **Partnerships** with CCG’s for SCN led management of Stoma Care Budget
REFERENCES


