

# **Spring 2019 Newsletter**

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### Did you know?

The 2019 ASCN UK Conference is only 157 days away!



#### **Congratulations to Andrew Bird - BJN Stoma Care Nurse of the Year**

Maddie and Angie attended the BJN annual awards at the Globe Theatre in London where Maddie presented Andrew Bird, CNS at Queen's Medical Centre, Nottingham, with the Stoma Care Nurse of the Year award. It was a pleasure to be invited and take part in what was a fantastic evening. Our host for the evening was Mr Ed Coats, an Obstetric and Gynaecological surgeon from Bath who had taken part in a race to the South Pole in 2009 with James Cracknell and Ben Fogle and he shared his experience of this wonderful achievement. The 2nd place was awarded to Annalyn Manalastas, Coloplast Charter Healthcare Nurse and 3rd place to Amanda Gunning, Royal Devon & Exeter NHS Foundation Trust Congratulations to everyone who was nominated for this category. Thanks to BJN for hosting the awards ceremony, for full results of the winners from the night visit www.bjnawards.co.uk/winners.



### ASCN UK Spring Masterclass – 14<sup>th</sup> May 2019

## **Title:** Collaborative Community Working - promoting effective prescribing practices

#### Venue: Salford Royal, Manchester

This masterclass aims to:

- Highlight examples of effective communication and collaborative working skills
- Demonstrate how improvements in patient outcomes can be achieved without compromising quality or care
- Evaluate how SCN's can unite to be able to address the issue of high spend within the speciality

Visit <u>ascnuk.com/masterclass-spring-2019</u> for more details and to register.



Association of Stoma Care Nurses UK

# ASCN UK



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#### ASCN UK Annual Conference 2019 Getting the Balance Right

Sunday 15th to Tuesday 17th September 2019 ICC Wales, Newport, Wales

#### **ASCN UK Annual Conference**

The only National Conference dedicated to stoma care in the UK.

- >> We are an inclusive Conference open to all professionals with an interest in stoma care
- » A programme created by Stoma Care Nurses, for Stoma Care Nurses hear the most recent innovative practices, helping to improve and shape specialist practice and patient outcomes
- » Meet the stoma care community, all under one roof professionals, specialist associations and industry all united for 3-days to achieve mutual goals and promote the specialism of stoma care
- » Connect with the stoma care community face-to-face at Conference and via the Conference mobile app that allows for direct delegate interaction
- » Advance evidence-based practice and improve patient care and outcomes participate in the dialogue and findings shared at conference
- » National sharing of best practice be at the forefront of shaping and challenging stoma care best practice

#### **Key Deadlines:**

Submission Closes: **31st May 2019** Notification to Authors: **28th June 2019** Early Registration Closes: **22nd July 2019** 











Association Management Company and Professional Conference Organisers

To stay up to date with the conference programme please visit www.ascnukconference.com

## Colostomy UK & IA Bursary – ASCN UK 2019

ASCN UK are delighted to announce for the ASCN UK Annual Conference 2019; <u>Colostomy UK</u> and <u>Ileostomy & Internal Pouch Association (IA)</u> are offering a joint bursary to support a stoma care nurse (SCN) to attend this year's conference.

#### Who will this be available to?

The bursary will be awarded to a SCN who has submitted an abstract which is relevant to all ostomates.

All abstracts submitted will follow the ASCN UK abstract submission process.

If you wish to be considered for the bursary please ensure you indicate during the abstract submission process, <u>click here</u> if you wish to submit an abstract. Delegates will be able to indicate this via the ASCN UK conference website submission process at any time.

#### How will the bursary be awarded?

Following shortlisting of all anonymous abstracts, for those who have previously indicated interest and are eligible for the bursary – the ASCN UK Chair will 'undertake a blind draw' of the abstract number, and the number picked from this draw will be awarded the Colostomy UK & IA Joint Bursary.

The bursary will cover conference registration, economy travel (within the UK) and accommodation. The individual who has been awarded the Bursary will be informed no later than **28th June 2019.** 

Within the programme it will be indicated that this abstract is supported by the Colostomy UK & IA Bursary.





## NEW for 2019 – ASCN UK Chairperson's Award

This year we are introducing a Chair's award for Innovation. There are so many fantastic initiatives going on across the country. It was felt that these should be recognised and celebrated. So keep on tweeting, sharing and showcasing your ideas for service delivery and improvement.

## Jean Preston Fund (JPF)

This ASCN UK fund was set up in 2010 with the unique purpose of offering financial support for its members for any stoma care specialist professional educational.

The JPF enables any full member of ASCN UK to apply for an Educational Grant which can be used towards developing their personal knowledge or service to patients with a stoma.

The JPF has historically been based solely on donations, although starting in 2017, a percentage of the Annual Conference profit will be added to this fund as an acknowledgement of the challenges facing stoma care nurse and practitioner funding. Click here for more information on the new legislation applicable to all healthcare professionals. Funding is available for conference registration fees, economy travel to conference, accommodation at conference and full funding for all of these.

Please note that only ASCN UK members can apply for the JPF. If you are not a member, please click here to register today.

Please note that by submitting an application, this does not guarantee funding will be available. If successful, full funding may not be granted due to limited funding. Funding may be either a contribution or full funding at the discretion of ASCN UK.

Please visit <u>www.ascnukconference.com/jean-</u> preston-fund to apply today.



## ASCN UK Guideline & Competencies Update

ASCN UK initially launched 13 clinical guidelines back in 2017 these covered Colostomy Irrigation; Discharge Guideline for Stoma Care; Fistula Management; Granuloma Management; High Output Stoma Management - Hospital setting; High Output Stoma Management - Community setting; Leakage Management; Pancaking; Parastomal Hernia Prevention: Parastomal Hernia Management; Peristomal Skin Soreness; Prolapsed Stoma; Stenosis; Stoma Siting.

Over the last couple of years we have been working on a second launch of the guidelines which are little more specialist in nature including IAPP & Kock pouch (Pre op; post op and complications); ACE; ureteric stents; managing constipation; dilation; parastomal sutures; cultural diversity; the

vulnerable patient; Dementia and PGD. Due to the complexity of the guidelines, these have taken longer to develop and in conjunction with updating some the original parastomal hernia and colostomy irrigation we are working hard to have these available for our conference this year in Wales.

Another project that we have been working on in response to feedback from members are the specialist competencies. The band 6 and band 7 SCN competencies where developed last year and band 2 and band 4 roles are being evolved as we speak.

Once again, we aim to have these completed by conference

## **ASCN UK Annual Conference 2019 - Charity**

ASCN UK Committee along with the Area Reps have chosen to support three stoma patients associations this year. Proceeds will be divided equally between them.



The Association was formed in 1971 to provide support and information to anybody undergoing a urinary diversion.

The Associations Core activities include a Journal which is published 3 times a year with a focus on all aspects of living with a urinary diversion. They also offer support and guidance with local branches ran by people with a urinary diversion.

For full details on UA please visit For full details on IA please visit www.urostomyassociaiton.org.uk.

**Contact Details T**: 01386 430 140 E: secretary@urostomyassociaiton.org.uk

www.iasupprt.org.

**Contact Details T**: 0800 0184 724 E: info@iasupport.org



IA is a national support group run by and

for people with ileostomies and internal

IA's core objectives are to help those

facing this surgery to return to a normal

active lifestyle. IA offer meetings for

those who value time spent with others

in a similar position, IA's member

organisations, located throughout the

UK, organise local meeting and events.

pouches, their families and carers.

Colostom

Colostomy UK offer support and provide support to individual who live with a stoma, they provide a 24-hour helpline, and produce Tidings a quarterly magazine.

Colostomy UK are very active campaigning on the issues that matter to people with stomas. They also run projects aimed at empowering them to live life to the full.

For full details on Colostomy UK please visit www.ColostomyUK.org.

**Contact Details** T: 0800 328 4257 E: info@colostomyuk.org

#### **ASCN UK Annual Conference Abstract Submission**

#### 'Getting the Balance Right'

Please get your thinking caps on and consider sharing some of the valuable, inspiring work that you do. Perhaps reflect on an interesting case study that highlighted many learning opportunities? Or some considerations for practice following the conclusion of a research study? We have called the conference 'Getting the balance right'; something that many stoma care nurses are working to achieve. The challenges of meeting targets, early discharges amongst a variety of other things, how have you

changed your practice? Have you got the balance right? It is YOUR abstracts, which

contribute to make the ASCN UK conference so informative. Only 8 weeks left until the abstract submission closes for 2019 Conference. Click here to submit an abstract using the template provided.

Key deadlines: Abstract Submission Closes: 31/05/2019 Notification to Authors: 28/06/2019 **Early Registration** Deadline: 22/07/2019



Association of Stoma Care Nurses UK

## **ASCN UK Vacancies**

ASCN UK has two vacancies within the committee. Nominations are now open and should be submitted no later than **Thursday 8th August 2019.** To apply please email ascnuk@in-conference.org.uk

Once nomination period has closed the ASCN UK Members will then vote on who they wish to select for the following positions, the successful candidates will be announced at the ASCN UK AGM on Monday 16th September 2019.

To apply you must have been a current member for at least 2 consecutive years, i.e. a member since 2017 or before. You also require to be nominated by two individuals and submit a resume of your professional background along with reason for applying.

Vaclamciessy Education Officer

- Job Description
- Application Form

If you have any questions or would like more information on the above position please contact Wendy Osborne, <u>wendy.osborne@ascnuk.com</u>

- Honorary Treasurer
  - Job Description
  - Application Form

If you have any questions or would like more information on the above position please contact Gill Little, gill.little@ascnuk.com

In addition, to the above ASCN UK are also seeking an **Area Representative** for the Northern Ireland area, please contact Jackie McPhail for more information or express your interest; jackie.mcphail@ascnuk.com.



## A note of thanks from Gill Little

After a career in nursing spanning 5 decades, and 38 years since I qualified as a Stoma Care Nurse in Birmingham, I will retire on 30th April 2019. During my career I have always taken a strong interest in the progression of our profession and the recognition of our skills in terms of how important it is for patients to have free access to professional and specialised help, but also how important it is for us as specialist nurses to remain fresh, informed and able to provide true excellence in care.

I am standing down as Honorary Treasurer of ASCN UK and hope that we have lots of applicants to take on this role, which has been diverse, busy(!) and enriching – even in the build to annual conference when it all gets a bit hectic!

At the ASCN UK Area Reps meeting on 14th February I received some truly lovely gifts and a great card, signed by many of the Area Reps and committee. Thank you so much for my gifts and I shall frame the card!

Wishing you all the best for conference 2019 and beyond!



Gill xx

#### **Bowel Cancer Awareness Month - April**

Every 15 minutes in the UK somebody is diagnosed with bowel cancer. Young, old, female or male – it affects us all. That's why we're supporting @bowelcanceruk this April for Bowel Cancer Awareness Month, will you join us? #thisisbowelcancer www.bowelcanceruk.org.uk/bowel-cancer-awareness-month/



Association of Stoma Care Nurses UK

## **Research Surveys**

#### Differing Types of Peristomal Skin Granulomas Survey



Hollister Incorporated in collaboration with ASCN (Australian AASTN UK, Association Stoma Therapist Nurses), WOCN (Wound, Ostomy, Continence Nurse Society) and CAET (Canadian Association Enterostomal Therapy) is undertaking a survey to develop an understanding around the descriptors, incidence definition, rates, and management methods of peristomal skin granulomas. A granuloma is defined as 'a focal compact collection of inflammatory cells. mononuclear cells predominating, usually as a result of the persistence of a non-degradable product and of active cell mediated hypersensitivity' (Geraint James D, 2000). Granulomatous disorders comprise a large family sharing the common histological denominator of granuloma formation (Geraint James D, 2000).

Currently literature is sparse to describe these conditions, and it would be beneficial to generate facts that may support clinical practices.

To assist with capturing this data, Global Clinical Education & Clinical Research Departments from Hollister Incorporated aim to help identify an approach to gathering and developing evidence via the following survey:

https://www.surveymonkey.com/r/DifferingTypesofP eristomalSkinGranulomas-UK

If you could please complete this short survey by **Friday 10th May 2019**, we would be most appreciative.

Please note, your responses remain anonymous and only the raw data is aggregated for research purposes only.

Your contribution is highly valued and data from UK will be compiled with other countries to create a more comprehensive picture about such conditions. Subsequently the results will be presented and

published at both Conference and International Journal.

#### Reference:

Geraint James D, 2000, *A clinicopathological classification of granulomatous disorders*, Postgrad Medical Journal, vol.76, pp.457–465.

#### **Gastrointestinal Research Survey**



Gastrointestinal Nursing Forum Steering Committee, are committed to promoting and supporting audit, research, peer review and publication in order to advance nursing practice and patient care and build the knowledge, skills, confidence and competence of all nurses working in gastrointestinal nursing.

Last year they sent out a survey to 3,800 members to establish a baseline understanding of research activity, the capacity and capability of nurses to do research in their practice and assess the appetite for further development in research.

Unfortunately, not all members received the invitation to complete the survey and only 20% opened the email, less than 2% opened the survey and less than 1% submitted a response.

Therefore the Steering Committee decided to repeat the survey this year. If you completed it last year, there is no need to do so again.

If you didn't complete the survey last year we urge you to contribute. There is an option to SAVE and CONTINUE LATER this year, which you may find helpful if you have to dig out further information to enable you to complete the survey.

Please use the following link for the survey: <u>surveys.rcn.org.uk/s/H55OG/</u>

The survey closes at 23:00 (BST) on Friday, 12 April 2019, your contribution is valued.

